## Vishakha Committee Personal Hygiene, Health and Care 10<sup>th</sup> January 2024

A lecture on 'Personal Hygiene, Health and Care' was organized in association with Vishakha Committee and Lokmat College Katta Sponsered by Whisper.

Dr. Jadhav Madam enlightened on the subject how to take care of personal health and maintain personal hygiene at this age.

The problems and difficulties faced by the girls during menstruation were discussed in detail and satisfactorily answered the questions and problems raised by the students.

Prof .Dr. S. V. Gaikwad Sir, Principle of the college presided over the the function while Prof. Janaki Kurtdikar, chairperson of Vishakha Committee, proposed a vote of thanks. Dr .M .N. Gaikwad, Dr. V. J. Bhillare, Dr. S .S. Pradhan, Prof. S. J. Palkar , Prof .A .Wagh , Prof .S .L. Bachate were present for the the lecture with great quantity of the students.



DR. JADHAV MADAM



PROF.DR. S. V. GAIKWAD SIR (PRINCIPAL)



## Vishakha Committee International Women's Day 8th,March 2024

On the occasion of "International Women's Day" a special program was arranged for ladies staff and girls students of the college under Vishakha Committee and Dep. of Physical Education in MSS's Art's Science and Commerce college Ambad.

Dr. M.N. Gaikwad, keynote speaker of the function guided the girls on the subject "Importance of Moral Values". She made them understand how moral values are important in day-to-day life to live happily through various examples.

On this special occasion, an oath was taken for the safety and empowerment of women and girls. Prof . Dr .S .V. Gaikwad, principal of the college presided over the function while prof. J, W Kurtdikar , chair of Vishakha Committee, proposed a vote of thanks. Dr. V .J. Bhillare, Prof. S .J. Palkar, Prof .S .L. Bachate , Prof .A .Wagh. were present for the program with great quantity of the students.



Dr. M N Gaikwad

## Vishakha Committee Today's Daughter is Tomorrow's Mother 12th.September 2023

A special camp was organized for girls students in MSS's, Art's, Science and Commerce College, Ambad under Vishakha Committee and Dept. of Physical Education.

Dr. Darshana Teple, a famous gynecologist from Jalna, keynote speaker, guided the girls on the subject "Today's Daughter is Tomorrow's Mother". She gave detail information about body and it's functions and hormonal changes through PPT presentation and she made them understand how to deal with the problems faced during Menstrual cycle and Pregnancy.

Prof. Dr. S. V. Gaikwad Sir, Principle of the college, presided over the function while Prof. J. W. Kurtadikar, Vishakha Committee Chair, proposed a vote of Thanks. Dr. V. J. Bhillare, Dr. S. S. Pradhan, Prof. A. Chitral, Prof. S. Fartade, Prof S. L. Bachate were present for the program with great quantity of the girls.



DR. DARSHANA TEPLE

